Have you ever had to follow an example? Maybe when you were learning to read and write, you traced letters. Or when you wanted to learn how to draw something, you colored the pattern just the way they told you to. If you follow the pattern or example closely, your work will turn out just right.

In our Christian faith, we need examples too! Saint Paul is a wonderful example to us, and we can follow him to turn out to be great, strong, Christians. In today’s epistle reading, Saint Paul tells his students in Corinth, “I urge you then, be imitators of me.” Saint Paul knew that God had shown him the right way. Now, he wanted the Christians to imitate him so they would turn out right. He wanted the new Christians to follow his example.

Sometimes we might think we know a lot about our Church, especially when we answer all the questions right in Church School. But as Christians, we are really just beginners! We try to imitate Saint Paul and the saints so that we follow a good example and turn out right—with a good and holy Christian life.

So, let’s always try to learn more about the saints so we can imitate them. You can read the Bible by yourself or with your parents. You can ask your teachers or your priest to tell you some good books so you can learn more about other saints too! Be imitators of them!
**A HOLY DOCTOR**

**SAINT DIOMEDES THE PHYSICIAN**

Nowadays, we have been thinking a lot about doctors, haven’t we? So many people in the world are sick, and we are thankful when we have good doctors and nurses to take care of us.

Did you know our holy Orthodox Church has lots of doctors who were also saints? We can think of Saint Luke the Apostle, Saint Luke the Surgeon, Saints Kosmas and Damianos, Saint Panteleimon, and one day, maybe you can also learn about Saints Zenaida and Philonella, too!

Saint Diomedes lived during the time of the Emperor Diocletian. (Remember, he was the same emperor who killed Saint George and many other great saints.) Saint Diomedes was an unmercenary saint—he healed people with his medical skills, and he didn't get paid for doing it. He helped people learn about Christ too, and he even baptized people who believed! So, he helped people—their bodies and their souls!

The emperor was an idol worshipper, and he did not want Christianity to spread, of course. He ordered Saint Diomedes to be arrested. The soldiers followed those orders, and they killed him.

We still remember Saint Diomedes, especially during the Holy Unction (oil) service, when we pray to him! We ask him to help heal our souls and bodies too!

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**WORD SEARCH**

Can you find these words in the jumble?

CHURCH
DIOMEDES
EXAMPLE
HEALING
HOLY
IMITATOR
SAINTS
SOUL AND BODY
UNMERCENARY

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**What’s in an Icon?**

Here are some other doctor and healer saints of our Church.

Can you find Saint Panteleimon, the brothers Kosmas and Damianos, and the new saint, Luke the surgeon?

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We celebrate Saint Diomedes today, Aug. 16th (OC: Aug. 29th).