How did you meet your friends?
Do you have friends from school and sports and from camp? Do you have friends from church and from your neighborhood? Our friends are special to us because we have something in common with them. We take care of each other.

In today’s epistle reading, Saint Paul writes about his friends too. He writes to the Christians in Corinth, “I rejoice at the coming of Stephanas and Fortunatus and Achaicos, because they have made up for your absence; for they refreshed my spirit as well as yours…Aquila and Prisca, together with the church in their house, send you hearty greetings in the Lord. All the brethren send greetings.”

Saint Paul had a hard job to do. He traveled all over, telling people the good news of Jesus Christ. It was hard, because sometimes people didn’t want to hear him, and they hurt him and made fun of him. It was tiring work too! But Saint Paul knew it was the job God wanted him to do. Saint Paul writes about how his friends made things easier for him. “They refreshed my spirit.” His friends lifted him up when things were hard.

It’s good for all of us to have Christian friends. Why? Because things might be hard for us sometimes as Christians. It is good to have good Christian friends who love God and who love us! We can say, like Saint Paul did, “They refreshed my spirit.” Even Saint Paul needed these kinds of strong and faithful friends, and he was one strong person, too!
**WORD SEARCH**

Can you find these words in the jumble?

- BIRTHDAY
- CHRISTIAN
- COOK
- EUPHROSYNOS
- FAITHFUL
- FRIENDS
- SAINTS
- STRONG
- THEOTOKOS

**What’s in an Icon?**

On Tuesday, we celebrate a great feastday. It’s the birthday of the Holy Theotokos!

Do you see the two icons here? If you look closely, you can see that in one of them Mary is a baby, and in the other she is a mother!

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**SAINT EUPHROSYNOS THE COOK**

**Do you have chores?** Do you help wash the dishes? Walk your dog? Maybe you vacuum the house each week or help with the laundry? If we each have a job to do in our homes, we can get it all done more quickly.

In a monastery, monks or nuns have chores too. On Friday, we celebrate the nameday of Saint Euphrosynos. St. Euphrosynos was a monk who had an important chore to do in his monastery—He was the cook! He always did his chore humbly and without complaining.

Saint Euphrosynos was a holy man and was very close to God.

We don’t know much about St. Euphrosynos, but there is one story about him that you might have heard. A priest in this saint’s monastery asked God to show him a little bit of what heaven was like. And soon, this priest had a dream. He dreamed he was in a beautiful garden, in heaven! Who did he see there but Euphrosynos, the monastery’s cook! The saint asked the priest if he could give him something, and the priest asked for some delicious looking apples. When the priest woke up, he still had the apples!

Some people keep an icon of Saint Euphrosynos in their kitchens. You can pray to him for help with cooking, or even for help with your chores!

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We celebrate Saint Euphrosynos on Friday, Sept. 11th (OC: Sept. 24th).